



**HOW TO** 

1.800MD provides access to physicians 24/7 via the phone and video for diagnosing and treating acute care illnesses.

## **Activate your membership:**

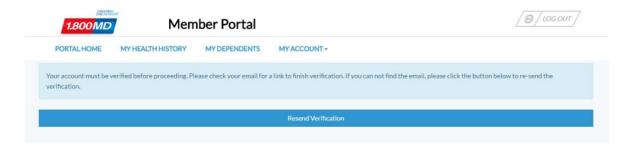
- You will receive your group and member number with your welcome pack or via e-mail.
- Go to www.1800md.com and click member login
  - \*Available only on Google Chrome or Firefox browsers

Have your Member Number ready to proceed with activation

• Fill in the required information



- Select " activate My account " button
- Next, please check your email for a link to complete verification.

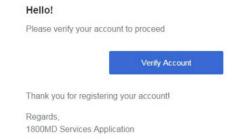






**HOW TO** 

- You should receive two emails:
  - o The first contains your login and password.
  - o The second contains the link to verify your account.



 Once verified, you will automatically be directed to your secure Member Portal

